

KidsCo Jr. Infant & Toddler Supply Checklist!

Please bring the following things labeled with your child's name. In most cases, a permanent marker works well on disposable items. Please note which items have been indicated to have a "wear-proof" label.

Weekly supply of:

- Diapers and wipes
- Diaper cream and baby powder
- Lotion/moisturizer
- Bibs - **wear-proof label please!**
- Two changes of clothes - **wear-proof label please!**
- Outdoor gear (seasonally appropriate) - **wear-proof label please!**
- Boogie wipes or face wipes
- Gallon Ziploc bags
- Lysol wipes
- Tissues

Daily supply of:

- Bottles/sippy cups - **wear-proof label please!**
- Baby food and favorite snacks
- Formula or breast milk (**2 servings of frozen milk at center**)
- Nutritious lunch
- Medication and medication form

Rest Items:

- Blanket
- Crib sheet
- Pacifiers or "Lovey" (comfort object)
- Personal photos (**strongly encouraged**)

Important Notes About Infant & Toddler Supplies

(Complete information is found in the Parent Handbook)

Rest Items

Each child should have a ventilated (lightweight or knitted) blanket, along with a comfort item, available for his/her rest time each day. Families may pack these items on Monday and they will be sent home each Friday for laundering. KidsCo Jr. will provide all crib sheets and will ensure that the bedding is changed twice weekly.

****Stuffed animals, heavy blankets, and pillows are not appropriate for children in cribs. If your toddler is sleeping on a cot, a small pillow may be comfortable for him/her!****

Extra Clothing

Children should have two (2) complete sets of seasonally appropriate and well-fitting clothes, and an extra sweatshirt to leave at the center. Don't forget to label items with your child's name and replace items that go home to be washed.

(OVER)

Appropriate Daily Clothing

Each day, except in cases of extreme weather, we will venture outdoors to meet the children's need to get fresh air, have some large muscle activity, and release energy. Please check the forecast each morning and prepare an outfit accordingly. If it has just rained, please pack boots for puddles and mud; windy days would call for jackets with hoods or hats; if snow is expected, please include waterproof gloves and pants; hot or muggy weather would necessitate sunscreen, loose clothing, etc.

When choosing indoor and outdoor clothing, please choose items that are durable, comfortable, washable, and are easy for your child to put on and take off. This also includes shoes! Crocs, platform, heeled-soles, and open flip-flops hinder toddlers learning to walk and often trip or blister older children.

Children at KidsCo Jr. often get dirty or messy in their classroom and outdoor activities. Washable clothes that can get dirty or messy are the best options.

Infant Nutrition Guidelines:

Parents will need to bring a daily supply of formula and baby food; all should be labeled with your child's name. Breastfeeding mothers need to provide both a supply of expressed milk for the day, and two servings of milk to be kept frozen for up to one month at the center.

Each time your infant is fed, a separate, unused bottle should be provided. Your child's bottle should be plastic and include a cap/lid, and each piece to each bottle should be clearly labeled with your child's name. Containers of baby food may be kept at the center, but once opened, the unfinished contents will be returned home that evening. All bottles, sippy cups, dishes, and utensils will be rinsed and returned for sterile cleansing each evening.

Toddler Nutrition Guidelines

We have found that most children like "finger foods" as an alternative to a traditional "lunch box" meal. Plastic food containers are a great idea for packing fruits and vegetables, cheese, chicken pieces, pasta leftovers, and more. All food should be ready to eat, cut into manageable pieces, and easy to swallow. Our programming encourages nutritionally balanced and wholesome foods. We strongly discourage commercial, pre-packaged lunch meals which tend to be "empty calories" and laden with preservatives. Unhealthy choices include Lunchables, Chef Boyardee, Hormel, Graduate meals, and other high sodium options.

All children enrolled under the age of two will need to bring their daily supply of beverages, meals, and snacks. Each classroom does have a microwave to reheat items, but we ask that lunches requiring preparation be packed only on occasion, so that we have ample time to assist all children and to spend time with them at the lunch table.